



## **Summer 2016 Week-end Art Therapy Courses**

**Florida State University Art Therapy  
Program Department of Art Education**

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**Topic One:           **Marriage and Couples Art Therapy****

**Guest Lecturer:   **Dina L. Ricco, Ph.D., LMHC, ATR****

**Date:                 **June 17 - 18, 8:30 am - 5:00 pm****

In this first week-end course, presentations will include basic information on the major contributors in the field of art therapy that have focused on couples counseling as well as approaches to marriage and family therapy. Integration of these theoretical approaches and art therapy will be outlined within a treatment model for Marital Art Therapy. Objectives for the course include; recognizing the major contributors to couples counseling by prominent art therapists, exploring an overview of various approaches to couples counseling in the field of marriage and family counseling with an emphasis on the Gottman Sound Relationship House approach, expanding understanding of the use of art in couples counseling through experientials, further enhancing understanding through case studies of couple art therapy. The importance of research of effective marital family techniques will be discussed, and students will learn how art therapy can be used to address those research needs.

**Topic Two:           **Foundations of Family Art Therapy****

**Guest Lecturer:   **Janice Hoshino, PhD, ATR-BC, LMFT, ATCS****

**Date:                 **June 24 - 25, 8:30 am - 5:00 pm****

The first weekend provides an overview of family systems theory. Various schools of thought, including intergenerational, structural, narrative, and strategic approaches will be provided as a foundation in family art therapy practice. Further, these frameworks will be integrated with various family art therapy assessments and directives, with an emphasis on multicultural awareness and attunement.

**Topic Three:       **Family Art Therapy Assessment****

**Guest Lecturer:   **Paige, Aswa, PhD, MFT, ATR-BC****

**Date:                 **July 22-23, 8:30am - 5:00pm****

This course is a review of family art assessment. It begins with an introduction to the various types of family art assessments that define family strengths, weaknesses and dynamics to gain an understanding of family problems and needs in order to set and/or modify treatment plans. The continuum of assessment is considered from initial to formal assessment including definitions and criteria. The central portion of the course explores each of the family art therapy theories in depth through multiple learning modalities. Art making, case examples, demonstration videos and experiential exercises are the central impetus of the learning process. Students attend each of the classes having read all assigned material, prepared to participate in class discussion and learning exercise.